

TriCity Quest
Spring Schedule 2025
January 5 – April 23

	MONDAY		TUESDAY		Wednesday			SUNDAY	
4:00	Tumbling 1.5 4:00 – 5:00	Tumbling 3.0 4:00 – 5:00	Tumbling 1.0 4:00 – 5:00	Tumbling 2.0 4:00 – 5:00	Novice (5/6)	Tumbling 2.5 4:00 – 5:00		Senior Team 1:30 – 3:30	1:30
4:15									1:45
4:30									2:00
4:45						2:15			
5:00	Emeralds 5:00 – 7:00		Tiny Tumble 5:00 – 5:30	Tumbling 1.5 5:00 – 6:00	Novice (4/5)	Novice (3/4) 5:00 – 5:45			2:30
5:15		Novice (3/4)			4:45 – 5:30				
5:30			Amethyst 5:30 – 7:00				Fun- damental Cheer 5:30 – 6:00		3:00
5:45						3:15			
6:00		Novice (4/5)		Novice (5/6)	Tiny Tumble 5:45 – 6:15	Tumbling 1.0 6:00 – 7:00	Junior Team 3:30 – 5:30		3:30
6:15									
6:30			6:00 – 6:45		Novice (7+)			4:00	
6:45					6:15 – 7:00			4:15	
7:00	Tumbling 2.0 7:00 – 8:00	Tumbling 4.0 7:00 – 8:00	Tumbling 2.5 7:00 – 8:00	Tumbling 3.5 7:00 – 8:00	Tumbling 2.0 7:00 – 8:00	Tumbling 3.0 7:00 – 8:00		4:30	
7:15									4:45
7:30									5:00
7:45									5:15